

Wondering Heights



A micro-pilgrimage.

A mass dance meditation for every body.



Hello!

A map, an idea, an invitation. What happens if we all think about a place, a dance, a song, all at the same time?

Wondering Heights is a tiny project with a big, hopeful heart. Taking place across July as part of the Bradford City of Culture celebrations, Wondering Heights invites folk to connect with the glorious moorland around Bradford. Using the literary heritage of Emily Brontë, plus Kate Bush's genre-busting pop classic as inspiration, you're invited to join in wherever and however you can - from your bed, garden, workplace or up on the moors.

With a beautiful hand drawn map by Chris Goddard and some super fun demo and instructional videos, we'd love you to use these as inspiration for a walk, a dance, a lie down! Make your favourite shapes from bed, dance a bit, draw with your eyes closed, make a collage, wave a dramatic tea towel, from micro to macro, make it yours. The goal: create small moments of Bush & Brontë style collective joy and silliness throughout July.

"Gatherings have the power to temporarily transport us to a world created for a specific purpose—where we feel we belong to something larger than ourselves."

Priya Parker, The Art of Gathering

"...research demonstrates that simply imagining rhythmic movement triggers physiological responses similar to actual dancing, including changes in heart rate variability and respiratory patterns."

Dr. Peter Lovatt, Dance Psychologist,
University of Hertfordshire

SCAN ME



1. Explore Chris Goddard's lovely map online or find a Bradford Hub for a limited edition riso printed version.
2. Watch our Wondering Heights demo videos for dance inspiration and look out for our free dance workshops.
3. Anyone you want to share this project with? We'd love that! Use the QR to spread the word.
4. Share photos/videos of your creation. (Optional!)

While we have your attention, we'd love for as many people as possible to join in with this, so please help us spread the word!

- Share this PDF & enthuse anyone and everyone to join in, from the moors or wherever works for them.

Share with any groups you know who might enjoy it. We are particularly keen to reach those who might not be able to access the moorland, for whatever reason.

We are also looking for EmBushadors (ambassadors of Brontë & Bush) to help us really get the message out there and foster further moments of collective joy. Up for it? E: Natashaproducer@gmail.com

This project is conceived by Lucy Barker and delivered with a brilliant support team.

For more info, go to: www.lucy-barker.co.uk
[@bucylarker](https://twitter.com/bucylarker)